

SYLLABUS FOR 2014-15

M. A. –I SEMESTER (PSYCHOLOGY)

The curriculum frame – work is as under.

COMPULSORY PAPERS

PAPER	NAME	MARKS		HOUR
		Theory	Internal Assessment	
I	Experimental and Cognitive Psychology – I	80	20	3 hours
II	Social Psychology	80	20	3 hours
III	Basic Research Methodology	80	20	3 hours
IV	Psychopathology	80	20	3 hours
V	Practicum : Experiments.	100		4 hours
Total Marks		420	80	

NOTE: Internal Assessment will be done on the basis of Class Testing/Seminar/Tutorials.

PAPER – I

EXPERIMENTAL AND COGNITIVE PSYCHOLOGY – I

M.M. - 80

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Motivation : Theories of Motivation, Arousal, Drive Reduction, Arousal and homeostatis, hedonism, Cognitive Theory.

UNIT – II Attention : selective attention and its theories, Biological basis.

UNIT – III Perception : Nature, Principles of perceptual organization, Picture and Distance perception, Determinants.

UNIT – IV Memory : Episodic, Sensory, STM, LTM, Memory improvement.
Concept formation: Well defined concept, ill defined concepts.
Metacognition : Tip of the tongue phenomenon, Metamemory.

UNIT – V Emotion : Theories of Emotion, Bodily changes and their measurement, Neural and hormonal Mechanism.

BOOK RECOMMENDED :

1. Snodgrass, J. Gray. Et. Al (1985) Human experimental psychology, New York : Oxford University Press.
2. Galott, K. M. (1999) Cognitive psychology in and outside laboratory, Mumbai : Thompson Asia.
3. D. Amato M.R. (1970) Experimental Psychology, New York, Mc. Graw Hill.
4. Sen Anima : Attention & Distraction New Delhi.

5. S. Stenvens, (1959) Handbook of Experimental Psychology, A Wiley Publication in Psychology.

PAPER – II

SOCIAL PSYCHOLOGY

M.M. - 80

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Historical Background: Growth of social psychology, Methods of social psychology.

UNIT – II Theoretical perspective: Cognitive dissonance, Social comparison, Attribution, Field Psychoanalytic, Symbolic interactions, Socio-biology.

UNIT – III Social cognition and Influence Processes : Person perception, impression management.

UNIT – IV Attitude : Nature and Characteristics, Development and change.

UNIT – V Prosocial behaviour, aggression and violence.

BOOK RECOMMENDED :

1. Billing, M. (1976) Social Psychology and inter group relations, NY: Academic Press
Lindsey, G. & Aronson, E (Eds) (1985) The Handbook of social psychology. NY : Random House.
2. Mishra, G. (1990) Applied social psychology in India ND: Sage
3. Eiser, J.R. (1986) Social Psychology, London : Cambridge University Press.
4. Dalal, A.K. (1989) Attribution theory and research ND wiley limited .
5. Feldman R.S. (1985) Social Psychology, New York, Mc Graw hill.
6. Baran A.B. & Byre, D (1991) Social Psychology, - Boston allyn & Bacon.
7. Pandey, J. (1988) Psychology in India; the state – 7 the art Vol – 2 ND. Sage.

PAPER – III
BASIC RESEARCH METHODOLOGY

M.M. - 80

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Nature of scientific research in behavioural sciences. Experimentation in psychology, Variables: Nature and types. Techniques of experimental manipulation, control in experiment.

UNIT – II Sources of bias. Ethical issues in psychological research, Research Process: Consideration of research problem and hypothesis. Sampling: probability and nonprobability sampling.

UNIT – III Central tendencies, Normal Probability Curve, its properties and utility in inferential statistics, Null hypothesis, Type I and Type II errors, Levels of significance.

UNIT – IV Method of Collecting data – I: Observation, Questionnaire, and Interview.

UNIT – V Method of collecting Data – II : Case and field study, Psychological tests, content analysis.

BOOK RECOMMENDED :

1. Kerlinger D & Katz L. : Foundation of behavioural research (2nd ed) Surjeet Publication, Kamlanagr, Delhi, 1983
2. Kothari C.R.: Research methodology : methods and techniques. Wiley eastern Ltd. New Delhi 1986
3. Broota, K.D. : Experimental design in behavioural research Wiley eastern Ltd. New Delhi 1992
4. Black T.R. : Quantative research designs for social sciences thousand oaks: sage 1988
5. Winer, B.J. : Stastical principles in experimental design, New York, Mc graw hill, 1971
6. Edwards, A.K.: Experimental designs in psychological research. New York Holt 1976
7. Mason, J. : Qualitative Researching, thousand oaks: sage 1997.

PAPER – IV
PSYCHOPATHOLOGY

M.M. - 80

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT – I** Concept of Psychopathology, Classification systems in psychopathology: W.H.O. (ICD-10) and multi-axial systems (DSM-IVTR): Evaluation of classification system.
- UNIT – II** Theoretical background, approaches to psychopathology (1) Psychodynamic; (2) Behavioural; (3) Cognitive; (4) Phenomenological; (5) Biological and (6) Socio cultural; Diagnosis – purposes of diagnosis, reducing undesirable variability: diagnostic system.
- UNIT – III** Anxiety disorder : Panic, Phobic, OCD, Post – Traumatic, GAD, somatoform disorders, Impulse control disorder, eating disorder, Sleep disorder, dissociative: Types, symptoms and management.
- UNIT – IV** Psychotic disorders: Schizophrenia, Mood disorder.
Personality disorder (cluster categories and problems), types & symptoms:
Types, Symptoms and management.
- UNIT – V** Substance related disorders. Mental Retardation and developmental disorders.

BOOK RECOMMENDED :

1. Aboud, T.D.: Health psychology in global perspective. Thousand oaks, C.A: Sage (1988).
2. Page, J.D.: PSYCHOPATHOLOGY : The Science of understanding Deviance. (2nd ed.) (1975)
3. Carson, C.R., Butcher J. N. : Abnormal psychology and modern life (9th ed) Harper Collins publisher. (1992).
4. Adams, H.E. & Sutkar. P.B. : comprehensive handbook of psychopathology New York, Plenum Press.
5. Prokap, C.R. & Bradly, L.A.: Medical psychology: Contribution to Behavioural medicine, Academic press, (1991)
6. Davison G.C. and Neal J.N. Abnormal Psychology – 8th Ed. Wiley Publishers, 2000.

PAPER – V
PRACTICUM

M.M. 100

This paper consists of the laboratory (experimental) and field – work done throughout the semester and will be evaluated at the time of examination along with the other papers. Distribution of marks would be as under:

	Marks
A. Record of lab practical and field work	25
B. Evaluation of one lab. Experiment of be conducted in the examination	50
C. Viva-Voce on practicum	25

Note : No candidate would be allowed to appear in the practical examination unless his/ her day-to-day practical work and report are found satisfactory.

List of Practicum : (**Any five experiments and one field study**)

Experiments :-

1. Meaningfulness and selective attention.
2. Effect of types of information on impression formation.
3. Memory improvement.
4. Episodic memory
5. Chunking
6. Proactive inhibition
7. Problem solving
8. Retroactive inhibition
9. Meaningfulness in verbal learning
10. Feedback in verbal learning.

Field Work :

- | | |
|-------------------------|--------------------------|
| 1. Person perception | 2. Impression management |
| 3. Attitude measurement | 4. Group conformity |
| 5. Value judgement | 6. Identity crisis |

Note : Field studies topics would be allotted by the departmental committee.

M. A. – II SEMESTER (PSYCHOLOGY)

The curriculum frame – work is as under.

COMPULSORY PAPERS

PAPER	NAME	MARKS		HOUR
		Theory	Internal Assessment	
VI	Experimental and Cognitive Psychology – II	80	20	3 hours
VII	Group Processes and Cultural Psychology	80	20	3 hours
VIII	Advance Research Methodology	80	20	3 hours
IX	Health Psychology	80	20	3 hours
X	Practicum : Testing	100		4 hours
	Total Marks	420	80	

NOTE : Internal Assessment will be done on the basis of Class Testing/Seminar/Tutorials.

PAPER – VI

EXPERIMENTAL AND COGNITIVE PSYCHOLOGY - II

M.M. 80

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Classical and instrumental Learning.

UNIT – II Verbal Learning.

UNIT – III Problem solving : Classification of problems, Problem solving approaches and strategies.

UNIT – IV Thinking & Reasoning : Types and errors in reasoning process : deductive and inductive, theories of thought processes.

UNIT – V Decision making : Algorithms, Heuristics : representativeness, availability, Anchoring and adjustment, Rational decision.

BOOK RECOMMENDED :

1. Snodgrass, J. Gray. Et. Al (1985) Human experimental psychology, New York : Oxford University Press.
2. Galott, K. M. (1999) Cognitive psychology in and outside laboratory, Mumbai : Thompson Asia.
3. D. Amato M.R. (1970) Experimental Psychology, New York, Mc. Graw Hill.
4. Sen Anima : Attention & Distraction New Delhi.

PAPER – VII

GROUP PROCESSES AND CULTURAL PSYCHOLOGY

M.M. 80

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Group Dynamics : meanings, formation, decision making, problem solving and group level behaviours.

UNIT – II Leadership : Meaning and nature, function, styles and effectiveness.

UNIT – III Social issues : Poverty, Caste, gender, population issues in India, Communal tension and harmony.

UNIT – IV Culture and Behaviour I : Culture and Cognition and emotion. Culture and Organisation.

UNIT – V Culture and Behaviour II : Culture and Health. Culture and Personality.

BOOK RECOMMENDED :

1. Billing, M. (1976) Social Psychology and inter group relations, NY: Academic Press
Lindsey, G.
2. Aronson, E (Eds) (1985) The Handbook of social psychology. NY : Random House.
3. Mishra, G. (1990) Applied social psychology in India ND: Sage
4. Eiser, J.R. (1986) Social Psychology, London : Cambridge University Press.
5. Dalal, A.K. (1989) Attribution theory and research ND wiley limited .
6. Feldman R.S. (1985) Social Psychology, New York, Mc Graw hill.
7. Baran A.B. & Byre, D (1991) Social Psychology, - Boston allyn & Bacon.
8. Pandey, J. (1988) Psychology in India; the state – 7 the art Vol – 2 ND. Sage.

PAPER – VIII
ADVANCE RESEARCH METHODOLOGY

M.M. 80

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT – I** Experimental Design : Single Factor, Randomized block, 2X2 factorial design, Repeated measures (on one factor),
- UNIT – II** Research Design : Graceo Latin – Square Design, ANOVA : one – way and two – way : ANCOVA, Post ANOVA tests.
- UNIT – III** Cross sectional and longitudinal designs. Measures of relationships : bi-serial, point bi-serial, tetracoric and phi, Multiple and partial Correlations.
- UNIT – IV** Regression : simple and multiple, Factor analysis : the centroid method, calculation of factors.
- UNIT – V** Use of computer in psychological researches, Research report writing (APA style).

BOOK RECOMMENDED :

1. Kerlinger D & Katz L. : Foundation of behavioural research (2nd ed) Surjeet Publication, Kamlanagr, Delhi, 1983
2. Kothari C.R.: Research methodology : methods and techniques. Wiley eastern Ltd. New Delhi 1986
3. Broota, K.D. : Experimental design in behavioural research Wiley eastern Ltd. New Delhi 1992
4. Black T.R. : Quantative research designs for social sciences thousand oaks: sage 1988
5. Winer, B.J. : Stastical principles in experimental design, New York, Mc graw hill, 1971
6. Edwards, A.K.: Experimental designs in psychological research. New York Holt 1976
7. Mason, J. : Qualitative Researching, thousand oaks: sage 1997.

PAPER – IX
HEALTH PSYCHOLOGY

M.M. 80

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT – I** Concept of health psychology, Psychophysiological disorder, Theories of Personality-dispositions, coronary heart disease (CHD), Asthma, Allergy, Eczema Itching, Rheumatoid, Arthritis, Peptic. Ulcer, Diabetes and Menstrual disorders, sexual and gender identity disorder.
- UNIT – II** Intervention models and Psychotherapies Psychodynamic, Biological, Diathesis-stress model
- UNIT – III** Behavioural, Phenomenological and gestalt approach to therapy.
- UNIT – IV** Behavioural medicine and spiritual approach to therapy.
- UNIT – V** Mental health promotion and maintenance, present issues and trends in health psychology.

BOOK RECOMMENDED :

1. Aboud, T.D.: Health psychology in global perspective. Thousand oaks, C.A: Sage (1988).
2. Page, J.D.: PSYCHOPATHOLOGY : The Science of understanding Deviance. (2nd ed.) (1975)
3. Carson, C.R., Butcher J. N. : Abnormal psychology and modern life (9th ed) Harper Collins publisher. (1992).
4. Adams, H.E. & Sutkar. P.B. : comprehensive handbook of psychopathology New York, Plenum Press.
5. Prokap, C.R. & Bradly, L.A.: Medical psychology: Contribution to Behavioural medicine, Academic press, (1991)
6. Davison G.C. and Neal J.N. Abnormal Psychology – 8th Ed. Wiely Publishers, 2000.

PAPER – X
PRACTICUM

M.M. 100

This paper consists of the laboratory (experimental and testing) and field – work done throughout the semester and will be evaluated at the time of examination along with the other papers. Distribution of marks would be as under:

	Marks
C. Record of lab practical and field work	25
D. Evaluation of one lab. Testing of be Conducted in examination	50
E. Viva-Voce on practicum	25

Note : No candidate would be allowed to appear in the practical examination unless his/ her day-to-day practical work and report are found satisfactory.

List of Practicum : (**Any four tests and one field study**)

Tests :-

1. E.P.Q.
2. Locus of control
3. Picture frustration
4. Intelligence test (performance/non-verbal)
5. Thinking style
6. Cognitive style
7. Trait-state anxiety
8. Projective test.

Field Work :

- | | |
|------------------------------|-------------------------|
| 2. Gender discrimination | 2. Communal tension |
| 3. Interpersonal interaction | 4. Pro-social behaviour |
| 5. Social loafing. | |

Note : Field studies topics would be allotted by the departmental committee.

M. A. – III SEMESTER (PSYCHOLOGY)

The curriculum frame – work is as under.

COMPULSORY PAPERS (Two)

No.of Paper	Name of Paper	Marks	Hours
(XI)	Personality and Indigenous Psychology	100	3 hours
(XII)	Psychological Assessment - I	100	3 hours
	Optional Papers : Two papers from any one of the three groups		
	Group A : Psychology of Management		
(XIII)	Organizational Behaviour - I	100	3 hours
(XIV)	Human Resource Development and Management - I	100	3 hours
	Group B : Psychology of Education		
(XIII)	Educational and Instructional Psychology - I	100	3 hours
(XIV)	Basics of Psychological Guidance and Counselling - I	100	3 hours
	Group C : Clinical Psychology		
(XIII)	Clinical Diagnosis - I	100	3 hours
(XIV)	Psychotherapeutic Counselling - I	100	3 hours
(XV)	Practicum	100	4 hours

PAPER – XI (COMPULSORY)

PERSONALITY AND INDIGENOUS PSYCHOLOGY – I

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Personality Meaning, Perspectives & Measurement of Personality. Concept of mature Personality, Personality Theory- Problems & Procedures.

UNIT – II Psychodynamic perspective Freud, Erikson, Adler- theory of personality – the structure, dynamics and development of Personality and the Research Methods used.

UNIT – III Trait approach Allport, Cattell and Eysenck-theory of personality. The structure dynamic, development of Personality the Research Methods.

UNIT – IV Cognitive, Behavioural and Humanistic approach Kelly, Bandura and Roger's theory of Personality. Structure, dynamics and development of Personality & the Research Methods.

UNIT – V Indigenous concept and Models of Personality – Yogic, Sankhya and Current Researches in the field of Personality.

BOOK RECOMMENDED :

1. Liebert, R.M. & Spiegler, M.P. (1993): Person aligy: Strategies & issues, P.C. California Books Cole Pub. Co.
2. Hall C.S. and Lindsey, G. (1996) theories of Personality N.Y.J. Wiley & Sons.
3. Pervin L.A. (1975): Psychology of personality readings in theory, Chigos. Rand Meznally College Lab.
4. Sinha J.N. (1969) : Indian Psychology, Calcutta.
5. Mukkopadhyay, Swami Niranjand Saraswati Yoga Darshan Munger : Bihar School of Yoga.

BOOK RECOMMENDED :

1. Anastasi, A. (1988) Psychological Testing London: Mc Millan Publishing Co. Crowback. L.J. Essentials of Psychological Testing.
 2. Reeman F. Theory and Practice of Psychological Testing.
 3. Gheselli Theory of Psychological Measurement New Delhi Tata HeGraw Hill Publication.
 4. Guilford, J.P. Psychometric Methods. New Delhi Tata Mc Graw Hill.
- Nunally, J.C. Introduction to Psychological Measurement, Tokyo **PAPER – XII**

(COMPULSORY)

PSYCHOLOGICAL ASSESSMENT – I

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Nature of Psychological Assessment, Differences between Physical & psychological assessment. Problems in Psychological Assessment., Levels of Assessment.

UNIT – II Scaling: Unidimensional and Multidiensional. Scale construction techniques. Difference among tests, scales, questionnaire and schedule. Characteristics of a good psychometric test. Difference between psychometric and projective technique.

UNIT – III Construction of Psychometric tools: Step in test construction. Item writing, Pretry out, item difficulty level, discrimination power Reliability; Concept, type, method of determining reliability, Validity: Concept, types, methods to determine validity. Factors affecting reliability and validity. Norms:Types, uses and method to determine various types of norms.

UNIT – IV Cognitive and Non-Cognitive Tests

Major Tests of Intelligence, Aptitude and Achievement developed under Western and Indian Cultural Setup.

Projective and Psychometric tests of Personality, adjustment, Values Interest, Stress and Anxiety developed under Indian and Western conditions.

Psycho-Physical and Neuro-Psychological test.

- UNIT – V**
- (a) Adaptation of tests.
 - (b) Test taking Response Styles: Social desirability, Acquiescence and Faking.
 - (c) Psychological testing in Applied Field of Life: Diagnosis, Psychotherapy, Education, Occupations and Organizations.

5. : Mc Graw Hill.

6. Nunally, J.C. Psychometric Theory, New Delhi: Tata Mc.Graw Hill Publishing Co.

GROUP - A

PAPER – XIII (OPTIONAL)

ORGANIZATIONAL BEHAVIOUR – I

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT – I** Introduction : Organization Behaviour – Scope and Concepts.
- UNIT – II** Psychological Processes : Learning, Perceptions and Motivation – Definition, Theories and application.
- UNIT – III** Leadership and Supervision: Concept, Factors influencing leadership role, Essentials of Leadership, Leadership Styles, Supervision and patterns of supervision.
- UNIT – IV** Organizational Dynamics: Organizational Power & Politics., Organizational Conflict, Conflict Management, Union Management interface.
- UNIT – V** Decision Making: Concepts, Decision Making process, types of decisions, factors influencing decision making, Management decision techniques.

BOOK RECOMMENDED :

1. Udai Pareek: Organizational learning R. Gibson (1997) Rethink the future London Nicholas Brealey Publishing.
2. Luthans Fred: Organizational Behaviour (1995) Mc Graw Hill international Edition.
3. Stephens P. Robbins: Organizational behaviour (9th edition) (2000) Prentie Hall India, New Delhi 110001.
4. Jerald Greenbery, Robert, A aburon: Behaviour in organization (1999) PrentieHall of India. New Delhi 110001.

GROUP - A

PAPER – XIV (OPTIONAL)

HUMAN RESOURCE DEVELOPMENT AND MANAGEMENT – I

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT – I** Assumptions about HRM, Structure and Role of HRM. The Indian Context of HRM Models of HRM. Current and future Challenges to HRM.
- UNIT – II** Human Resource Planning: Steps and stages in manpower planning. Structure of manpower planning HRD in India.
- UNIT – III** Job analysis and job design. Recruitment and selection.
- UNIT – IV** Training and development: Nature of Training and development, Importance of Training and development. How to make training effective.
- UNIT – V** Performance appraisal, Factors distorting appraisal and how to improve appraisals. Type of appraisal.

BOOK RECOMMENDED :

1. Human Resource Management. A contemporary perspective I. Board Well & Holden.
2. Personnel Human Resource Management. D.A. centre & S.P. Robbins.
3. Designing and Management. Human Resources Systems U. Pareek & T.V. Rao.
4. Human Resource Management. Fisher. Scheenfeldt and show.
5. Human Research and Personnel Management by Aswathappo. (2002) 3rd edition; Tata McGraw Hill.

GROUP - B

PAPER – XIII (OPTIONAL)

EDUCATIONAL INSTRUCTIONAL PSYCHOLOGY – I

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Conceptual and theoretical perspectives in Educational Psychology. Theories, Behaviouristic, Social learning and Piaget and their application in teaching.

UNIT – II Information processing Models, Instructional Models, Programmed learning concept, Characteristics and models.

UNIT – III Human diversity and education. Learning styles: Nature, approaches to learning style, measurement of learning styles, attempt to modify learning styles.

UNIT – IV Individual and group differences in intelligence. Theories of intelligence, Gender differences issues in the classroom.

UNIT – V Learning and motivation, study habit, importance, Levels of Learning

BOOK RECOMMENDED :

1. De Secco, J.P. & Croford, W.R. : The Psychology of Learning and Instruction, New Delhi. Prentice Hall.
2. Ellis, R.S.: Educational Psychology, A Problem approaches affiliated, New Delhi, ease West Press.
3. Bruce & Marshvell : Models of Teaching (2nd Ed.) 1980.
4. Travers, J.F. : Educational Psychology (2nd Ed.) 1979.
5. Woolbtk, A.E. (1995), Educational Psychology (6th Ed.) Allya & Bacon, London/ Bostan.
6. Gage, N.L. & Berliner (1998). Education of Psychology (6th Ed.), Hought Miffir, New Yark.

GROUP - B

PAPER – XIV (OPTIONAL)

BASICS OF PSYCHOLOGICAL GUIDANCE AND COUNSELLING – I

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Nature, Need and Functions of Guidance. Principles of Guidance.

- UNIT – II** Techniques of Appraising the client: Non-Standardized Methods. Anecdotal Record, Auto biography, Case study, Sociometric, Observation, Rating scale, Questionnaire.
- UNIT – III** Techniques of Appraising the client:- Standardized Methods Intelligence, Personality Aptitude, Interest, Achievement.
- UNIT – IV** Organization of a guidance programme Relevance of Guidance under 10+2+3 educational pattern.
- UNIT – V** Special areas of Guidance – Vocational Guidance, Educational Guidance, personal Guidance Problems of Guidance in India.

BOOK RECOMMENDED :

1. Anastasi, Z., 1 Lewis, E.C. (1970): Counselling Psychology, New York, Holt Rinehart and Winster, Inc.
2. Harson, J.C. (1978): Counselling Processes and Procedures. New York, McMillan Publishing Co. Inc.
3. Narayan Rao. S. (1981): Counselling Psychology, New Delhi, Tata McGraw Hill.
4. Kemp. C.G. (1970): Foundations of group counselling., New York, McGraw Hill.
5. Steffler, B.(Ed.) 1965. Theories of counselling, New York, McGraw Hill Book Co.
6. Warters, J. (1964): Techniques of counselling, New York, McGraw Hill Book Co.
7. Rappaport, D. Gill, M.M. and Schafer, R. (1968): Diagnostic Psychological testing. (Revised edition, edited by Holt, R.R.) New York, International Universities Press.
8. Anastasi, Z. (1992): Psychological Testing (Seventh Ed.) New York, McMillan.

GROUP - C

PAPER – XIII (OPTIONAL)

CLINICAL DIAGNOSIS – I

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT – I** History and current trends. Current trends. Growth of the branch: Growth in numbers, different action. Professionals spiral of growth. Growth in India.
- UNIT – II** Approach of clinical psychology: Psychodynamic, Behavianistoc, Humanistic, and cognitive socio-cultural.
- UNIT – III** Clinical diagnosis: Symptomatic vs. dynamic. Symptomatic diagnosis: ICD-10, DSM-IV (R).
- UNIT – IV** Dynamic diagnosis: Observation, Case history, and Interview.

UNIT – V Impressionistic approach of diagnosis: Informal assessment, source of errors in impression formation Importance of Psychometric approach.

BOOK RECOMMENDED :

1. Iscope, I.; Block B.L. and Spielberger, C.D. (eds) Community psychology: Perspectives in training and research. NY: Appleton, 1977.
2. Mann. A.P.; Community Psychology: Concepts and applications. Free Press, 1978.
3. Rapaport, J. Community Psychology: Values, Research and action. NY : Holt Rinehart. 1977.
4. Korchin, S.Modern Clinical Psychology. Harper and Row, 1978.
5. Wolman, B.B. (ed) Handbook of Clinical Psychology, Mc Graw Hills, 1972.

GROUP - C

PAPER – XIV (OPTIONAL)

PSYCHOTHERAPEUTIC COUNSELLING – I

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Psychotherapeutic Counselling : Psychoanalytic Technique, Behavioural. Technique, Client centered technique, Community interventions and Group therapeutic techniques.

UNIT – II Methods for Altering Maladaptive Behavioural deficits: Shyness, delinquency, depression, speech and sexual dysfunctions.

UNIT – III Methods for altering maladaptive behavioural excesses: Excessive smoking, alcoholism, drug addiction and temper-out burst, physical aggression.

UNIT – IV Methods of altering inappropriate behaviour: Marital maladjustment, child-misbehaviour, homosexuality, and exhibitionism.

UNIT – V Methods for altering fears and anxiety and treating psychophysiological disorders: test-anxiety, generalized anxiety, stress, school phobia, snake phobia, combination of fears, CHD, asthma and peptic ulcer.

BOOK RECOMMENDED :

1. Carson & Butcher : Abnormal Psychology and modern life.
2. Wolpe, R. & Dryden, W. (eds) (1996) : Handbook of counselling psychology, New Delhi
3. Woolberg, L.R. (1998) : The Techniques of Psychotherapy, Barcour Brace : Groune and stration.
4. Toukimarian, S.G. & Rennie D.C. (1992): Psychotherapy Process and Research, Sage
5. Gelso; C.J. and Fretz, B.R. (1995): Counselling Psychology, Bangalore, Prism Books Ltd.

6. Abate, L. & Milan, M.A. (ed.) (1985) : Handbook of social skill training & Research, New York: John Wiley & Sons.
7. Gorey, G (1986) Theory and Practices of Counselling and Psychotherapy, Monterey California, books cole publishing.
8. Adelson, D. & Kalis, B.L. (1970) : Community Psychology and Mental Health. Perspectives Seanto.
9. Mann. A.P. (1978): Community Psychology : Concepts and applications, Free Press.
10. Iscoe. I. Block, B.L. & Spielberger, C.D. (eds.) (1977): Community Psychology : Perspectives in training and research N.Y. : Appleton.

PAPER – XV (OPTIONAL)

PRACTICALS (COMPULSORY)

M.M. - 100

LAB PRACTICALS :-

NOTE : Any five of the following to be completed in the Laboratory training.

1. Knowledge of results.
2. Effect of social support on conformity.
3. Attribution of achievement outcomes.
4. Zeigarnik effect.
5. Level of aspiration as a function of success or failure.
6. Reminiscence in motor learning.
7. Short Term Memory.
8. Effect of group on individual judgement.

M. A. – IV SEMESTER (PSYCHOLOGY)

The curriculum frame – work is as under.

COMPULSORY PAPERS (Two)

No.of Paper	Name of Paper	Marks	Hours
(XVI)	Life Span development	100	3 hours
(XVII)	Psychological Assessment - II	100	3 hours
	Optional Papers : Two papers from any one of the three groups		
	Group A : Psychology of Management		
(XVIII)	Organizational Behaviour - II	100	3 hours
(XIX)	Human Resource Development and Management - II	100	3 hours
	Group B : Psychology of Education		
(XVIII)	Educational and Instructional Psychology - II	100	3 hours
(XIX)	Basics of Psychological Guidance and Counselling - II	100	3 hours
	Group C : Clinical Psychology		
(XVIII)	Clinical Diagnosis and community Mental Health - II	100	3 hours
(XIX)	Psychotherapeutic Counselling - II	100	3 hours
(XX)	Practicum	100	4 hours

PAPER – XVI (COMPULSORY)

LIFE SPAN DEVELOPMENT

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Scope, Nature and Principles of development, Factors influencing development: Heredity, Environment, Motivation and Learning.

UNIT – II Methods; Cross-sectional, longitudinal approach, Research strategies: Correlational, Experimental and other sequential techniques. The Developmental tasks and theories of Development.

UNIT – III How life begins, Infancy, baby hood and childhood. The Characteristics, adjustment, hazards and Personality Development.

UNIT – IV Adolescence and Adulthood. Characteristics, Physical, Social and Cognitive development psychosocial Changes and adjustment.

UNIT – V Middle and Old age, Characteristics, problems. personal social and vacation adjustment.

BOOK RECOMMENDED :

1. Baltes, P.B. & Brim O.G. (1978): Life span development behaviour, N. Y. Academic Press.
2. Thomas, M. R. (2000): Recent theories of Human Development, thousand Oaks: sage Publication.
3. Zanden, J.W. & Vander (1997): Human Development (7th Ed.) New York: Mc Graw Hill.
4. Elizabeth B. Hurlock (1977): Development Psychology. A life span approach, (5th Ed.)
5. Jere E. Brothy & Sherry L. Willis (1981): Human Development and Behaviour, St. Maitins Press, NY.

PAPER – XVII (COMPULSORY)
PSYCHOLOGICAL ASSESSMENT - II

M.M.- 100

NOTE: This paper consist of five units. From each unit minimum two questions will be set and candidates will have to be answer one question from each unit.

UNIT – 1 Concept and Measurement of Intelligence, Major Tests of Intelligence developed under Western and Indian Cultural set up.

UNIT – II Concept and Measurement of Aptitude; Major Test of Aptitude developed under Western and Indian Cultural set up. Achievement; concept and measurement of Achievement Test; Major Test of Achievement developed under Indian Cultural set up.

UNIT – III Test of Personality: Projective and Psychometric Approaches, Major Test of Personality, developed under Western and Indian Cultural set up.

UNIT – IV Test of Adjustment, Values, Interest, Stress and Anxiety development under Indian condition.

UNIT – V Psychological Testing in Applied Field: Neuro-Psychological Testing : Objectives and Major Neuropsychological Test.
Emotional Intelligence: Concept and Major Test of emotional Intelligence developed under western and Indian cultural set up.

BOOK RECOMMENDED :

1. Psychological Studies – 2004, Vol.-49.
2. Danial Golman: Emotional Intelligence (1995) New York: Bantam Books.

BASIC BOOK :

1. Anastasi, A. (1988) Psychological Testing London: Mc Millan Publishing Co.
2. Crowback. L.J. Essentials of Psychological Testing.
3. Freeman F. Theory and Practice of Psychological Testing.
4. Gheselli Theory of Psychological Measurement New Delhi Tata HeGraw Hill Publication.
5. Guilford, J.P. Psychometric Methods. New Delhi Tata Mc Graw Hill.
6. Nunally, J.C. Introduction to Psychological Measurement, Tokyo: Mc Graw Hill.
7. Nunally, J.C. Psychometric Theory, New Delhi: Tata Mc.Graw Hill Publishing Co.

GROUP - A
PAPER – XVIII (OPTIONAL)
ORGANIZATIONAL BEHAVIOUR – II

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT – I** **GROUPS** : Types of Groups, Processes, Group Culture and Social Influence, Team Building.
- UNIT – II** **COMMUNICATION** : Nature, Types, Application of different types of Communication, Role of TA in Communication.
- UNIT – III** **ORGANIZATIONAL CHANGE** : Types of Change, Sources of Change, Process, Human element in change.
- UNIT – IV** **ORGANIZATIONAL DEVELOPMENT** : Concepts, objectives and goals, process Behavioural Science approach to organizational development.
- UNIT – V** **MARKETING** : Marketing Research, Nature and function, consumer behavior, sales promotion strategies.

BOOK RECOMMENDED :

1. Udai Pareek: Organizational learning R. Gibson (1997) Rethink the future London Nicholas Brealey Publishing.
2. Luthans Fred: Organizational Behaviour (1995) Mc Graw Hill international Edition.
3. Stephens P. Robbins: Organizational behaviour (9th edition) (2000) Prentie Hall India, New Delhi 110001.
4. Jerald Greenbery, Robert, A aburon: Behaviour in organization (1999) PrentieHall of India. New Delhi 110001.

GROUP - A
PAPER – XIX (OPTIONAL)
HUMAN RESOURCE DEVELOPMENT AND MANAGEMENT – II

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT – I** Job evaluation, Wage and salary administration. Employment incentives.
- UNIT – II** Human Resource policies and practices, changing trends in work environment, developing the human resource.
- UNIT – III** Maintaining Human Resource: Safety and Health Stress Management, Labour Relations.
- UNIT – IV** Collective Bargaining, Employee involvement, employee communication.
- UNIT – V** Employee counselling, challenges of Human Resource Management.

BOOK RECOMMENDED :

1. Human Resource Management. A contemporary perspective I. Board Well & Holden.
2. Personnel Human Resource Management. D.A. centre & S.P. Robbins.
3. Designing and Management. Human Resources Systems U. Pareek & T.V. Rao.
4. Human Resource Management. Fisher. Scheenfeldt and show.
5. Human Research and Personnel Management by Aswathappo. (2002) 3rd edition; Tata McGraw Hill.

GROUP - B

PAPER – XVIII (OPTIONAL)

EDUCATIONAL INSTRUCTIONAL PSYCHOLOGY – II

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT – I** Effective Teaching and Classroom Management Planning and setting objectives for Teaching, Characteristics of effective teachers.
- UNIT – II** Teaching methods instruction lecturing and explaining, questioning, student centred teaching class room management and teaching in small groups: The discussion method and cooperative learning, computer-assisted instruction.
- UNIT – III** Exceptionality and social education: Categories of exceptionality, labeling and educational relevance Physically disabled students, students with cognitive disabilities, brain dysfunction and communication disorders.
- UNIT – IV** Students with emotional and behavior disorder. Attention deficit disorder (Add), Attentional Deficit Hyperactive Disorder (ADHD), Gifted and talented students. Intervention and special education for various forms of exceptionality, mainstreaming.
- UNIT – V** Educational Assessment Measurement and evaluation (Norm reference and criteria referenced tests), Test scores- meaning and types, standardized test: Meaning Types and interpretation Classroom assessment and grading: Techniques of Class room evaluation. Observation, questionnaire.

BOOK RECOMMENDED :

1. De Secco, J.P. & Croford, W.R. : The Psychology of Learning and Instruction, New Delhi. Prentice Hall.
2. Ellis, R.S.: Educational Psychology, A Problem approaches affiliated, New Delhi, ease West Press.
3. Bruce & Marshvell : Models of Teaching (2nd Ed.) 1980.
4. Travers, J.F. : Educational Psychology (2nd Ed.) 1979.
5. Woolbtk, A.E. (1995), Educational Psychology (6th Ed.) Allya & Bacon, London/ Bostan.
6. Gage, N.L. & Berliner (1998). Education of Psychology (6th Ed.), Hought Miffir, New Yark.
7. Axrual Review (2006), Vol 57, P 487-
8. Sharma R. A. (2007), Advance Educational Technology, Revised Edition International Publishing House P 25-42, 43-65, 66-668
9. Mohan, A.J. (2003) Educational Psychology, Neel Kamal Publications.

GROUP - B

PAPER – XIX (OPTIONAL)

BASICS OF PSYCHOLOGICAL GUIDANCE AND COUNSELLING – II

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Nature, Need and Functions of Counselling. Counselling and Psychotherapy. Intervention, Goal and objectives of Counselling.

UNIT – II Techniques of Appraising the client: Standardized Techniques, Intelligence, Personality, Aptitude and Interest Interview.

UNIT – III Approaches of Counselling: Directive, Non-directive, Eclectic. Individual and group counselling. Evaluation of counselling. Follow up and placement services.

UNIT – IV Characteristics of a good Counsellor. Counsellors, Training, Issues and trends in guidance and counselling. Ethical standards.

UNIT – V Special areas of Guidance and Counselling: Marital, Family. Counselling for the pre-school and elementary school children adolescent.

BOOK RECOMMENDED :

1. Anastasi, Z., 1 Lewis, E.C. (1970): Counselling Psychology, New York, Holt Rinehart and Winster, Inc.
2. Harson, J.C. (1978): Counselling Processes and Procedures. New York, McMillan Publishing Co. Inc.
3. Narayan Rao. S. (1981): Counselling Psychology, New Delhi, Tata McGraw Hill.
4. Kemp. C.G. (1970): Foundations of group counselling., New York, McGraw Hill.
5. Lewis, E.C. (1970): Counselling Psychology, New York, Holt Rinehart and Winster, Inc.
6. Steffler, B.(Ed.) 1965. Theories of counselling, New York, McGraw Hill Book Co.
7. Warters, J. (1964): Techniques of counselling, New York, McGraw Hill Book Co.
8. Rappaport, D. Gill, M.M. and Schafer, R. (1968): Diagnostic Psychological testing. (Revised edition, edited by Holt, R.R.) New York, International Universities Press.

GROUP - C

PAPER – XVIII (OPTIONAL)

CLINICAL DIAGNOSIS AND COMMUNITY MENTAL HEALTH – II

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Clinical assessment : Basic principles, Psychometric tests: MMPI, WAIS & WISC.

UNIT – II Projective tests: Characteristics and clinical use, Rorschach & TAT.

UNIT – III Neuro Psychological examination: Approaches; Halstead Neuropsychological test battery, Luria Nabraska Battery, use of Bender Gestalt & Weschler scale in neuro psychological testing.

UNIT – IV Community Psychology: History and Perspectives of Community Psychology.

UNIT – V Community Psychology: Social Interventions: Methods and Strategies.

BOOK RECOMMENDED :

1. Iscope, I.; Block B.L. and Spielberger, C.D. (eds) Community psychology: Perspectives in training and research. NY: Appleton, 1977.
2. Mann. A.P.; Community Psychology: Concepts and applications. Free Press, 1978.
3. Rapaport, J. Community Psychology: Values, Research and action. NY : Holt Rinehart. 1977.
4. Korchin, S.Modern Clinical Psychology. Harper and Row, 1978.
5. Wolman, B.B. (ed) Handbook of Clinical Psychology, Mc Graw Hills, 1972.

GROUP - C

PAPER – XIX (OPTIONAL)

PSYCHOTHERAPEUTIC COUNSELLING – II

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Methods for preventing problems and developing resourcefulness : Training family members, sibling as behavior change agents, Maintenance of parent raining. Development of academic skills – Teaching study skills to adults, improving study behavior through self-control technique.

UNIT – II Assertiveness Training, Developing Assertive Behaviour through Converts Modeling. Personal Appearance, Improving client's grooming.

- UNIT – III** Methods for Promoting Wise Decision- Making: With Children, Career Decision Making Evaluation of Problem Solving Competence.
- UNIT – IV** Social Interaction: Conversational Skills, Weight: Control: Psychological techniques, improving Physical Fitness, Cardio Vascular Problems: Psychological prevention.
- UNIT – V** Drug Abuse: Drug abuse perception Reimforment for alternatives Peer Counselling: Peer Guidance program and behavioural interventions, Counsellor Accountability System.

BOOK RECOMMENDED :

1. Carson & Butcher : Abnormal Psychology and modern life.
2. Wolpe, R. & Dryden, W. (eds) (1996) : Handbook of counselling psychology, New Delhi
3. Woolberg, L.R. (1998) : The Techniques of Psychotherapy, Barcour Brace : Groune and stration.
4. Toukimarian, S.G. & Rennie D.C. (1992): Psychotherapy Process and Research, Sage
5. Gelso; C.J. and Fretz, B.R. (1995): Counselling Psychology, Bangalore, Prism Books Ltd.
6. Abate, L. & Milan, M.A. (ed.) (1985) : Handbook of social skill training & Research, New York: John Wiley & Sons.
7. Gorey, G (1986)Theory and Practices of Counselling and Psychotherapy, Monterey California, books coleypublishing.
8. Adelson, D. & Kalis, B.L. (1970) : Community Psychology and Mental Health. Perspectives Seanto.
9. Mann. A.P. (1978): Community Psychology : Concepts and applications, Free Press.
10. Iscoe. I. Block, B.L. & Spielberger, C.D. (eds.) (1977): Community Psychology : Perspectives in training and research N.Y. : Appleton.

PAPER – XX (OPTIONAL)

PRACTICALS (COMPULSORY)

M.M. - 100

FIELD STUDY

This part of the practical paper comprises of completion of two field studies, one from the area of compulsory papers and another from the area of optional papers of the special groups under the supervision of a concern teachers.

(COMPULSORY)

PSYCHOLOGICAL ASSESSMENT – I

M.M. - 100

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Nature of Psychological Assessment, Differences between Physical & psychological assessment. Problems in Psychological Assessment., Levels of Assessment.

UNIT – II Scaling: Unidimensional and Multidimensional. Scale construction techniques. Difference among tests, scales, questionnaire and schedule. Characteristics of a good psychometric test. Difference between psychometric and projective technique.

UNIT – III Construction of Psychometric tools: Step in test construction. Item writing, Pretry out, item difficulty level, discrimination power Reliability; Concept, type, method of determining reliability, Validity: Concept, types, methods to determine validity. Factors affecting reliability and validity. Norms:Types, uses and method to determine various types of norms.

UNIT – IV Cognitive and Non-Cognitive Tests
Major Tests of Intelligence, Aptitude and Achievement developed under Western and Indian Cultural Setup.
Projective and Psychometric tests of Personality, adjustment, Values Interest, Stress and Anxiety developed under Indian and Western conditions.
Psycho-Physical and Neuro-Psychological test.

UNIT – V (a) Adaptation of tests.
(b) Test taking Response Styles: Social desirability, Acquiescence and Faking.
(c) Psychological testing in Applied Field of Life: Diagnosis, Psychotherapy, Education, Occupations and Organizations.

7. : Mc Graw Hill.

8. Nunally, J.C. Psychometric Theory, New Delhi: Tata Mc.Graw Hill Publishing Co.

PAPER – XVII (COMPULSORY)
PSYCHOLOGICAL ASSESSMENT - II

M.M.- 100

NOTE: This paper consist of five units. From each unit minimum two questions will be set and candidates will have to be answer one question from each unit.

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9. Crowback. L.J. Essentials of Psychological Testing.
10. Freeman F. Theory and Practice of Psychological Testing.
11. Gheselli Theory of Psychological Measurement New Delhi Tata HeGraw Hill Publication.
12. Guilford, J.P. Psychometric Methods. New Delhi Tata Mc Graw Hill.
13. Nunally, J.C. Introduction to Psychological Measurement, Tokyo: Mc Graw Hill.
14. Nunally, J.C. Psychometuric Theory, New Delhi: Tata Mc.Graw Hill Publishing Co.

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PSYCHOLOGICAL ASSESSMENT - II

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17. Freeman F. Theory and Practice of Psychological Testing.
18. Gheselli Theory of Psychological Measurement New Delhi Tata HeGraw Hill Publication.
19. Guilford, J.P. Psychometric Methods. New Delhi Tata Mc Graw Hill.
20. Nunally, J.C. Introduction to Psychological Measurement, Tokyo: Mc Graw Hill.
21. Nunally, J.C. Psychometuric Theory, New Delhi: Tata Mc.Graw Hill Publishing Co.

