



**MALAVIYA MISSION TEACHER TRAINING CENTRE**  
**PT. RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR**



## Organized

## ONLINE REFRESHER COURSE IN EDUCATION

**October – 03 to 18, 2023**

## Report

<b>Name of Course/Program:</b>	<b>Online Refresher Course in Education</b>
<b>Name of Contact person from HRDC:</b>	<b>Dr. Arvind Agrawal Assistant Professor MMTTC, Pt. RSU, Raipur (C.G.)</b>
<b>Date of Course/Program:</b>	<b>03.10.2023 to 18.10.2023</b>
<b>Name of Course Coordinator:</b>	<b>Prof. C.D. Agashe, S.o.S. in Physical Education, Pt. Ravishankar Shukla University, Raipur</b>
<b>Theme of Course/Program:</b>	<b>Refresher Course –Education</b>
<b>Number of Participants:</b>	<b>27</b>
<b>State wise number of participants:</b>	<b>C.G. – 12, Uttar Pradesh – 09, Bihar-04, Jharkhand-01, New Delhi-01</b>
<b>Gender wise number of participants:</b>	<b>Male – 08, Female - 19</b>
<b>Number of Resource Persons</b>	<b>27</b>
<b>Name and Signature of Course Coordinator</b>	
<b>Prof. CD Agashe, S.o.S. in Physical Education, Pt. Ravishankar Shukla University, Raipur</b>	<b>Dr. Arvind Agrawal Assistant Professor MMTTC, Pt. RSU, Raipur (C.G.)</b>

## Refresher Course in Education

(03.10.2023 – 18.10.2023)

A Refresher Course on “Education” was organized by Human Resource Development Centre, Pt. Ravishankar Shukla University Raipur, in collaboration with School of Studies in Physical Education, Pt. Ravishankar Shukla University, Raipur from 03<sup>rd</sup> -18<sup>th</sup> , October 2023. The course was attended by 27 registered participants from across the country. 19 outstation and 08 local participants attended the same. 19 resource persons delivered lectures.

### DAY 1

#### Session I (10.30-12.00) Inaugural Function

The Programme commenced with the Inaugural Function at 10.00 a.m. with With Director - **Prof. Prof. Preeti K. Suresh, Director, Human Recourse Development Center, Pt Ravishankar Shukla University, Raipur**, Course Co-Ordinator – **Prof. C.D. Agashe, Professor, S.o.S. in Physical Education, and Co-Ordinator** from HRDC **Dr. Arvind Agrawal, Pt Ravishankar Shukla University, Raipur** the Programme commenced by welcoming them ,which was followed by Introduction of the Participants, Introduction about the courseby Course Co-Ordinator and Address by the Director HRDC- Pt RSU. Finally Vote of Thanks wasgiven by Course Co-Ordinator from HRDC.

#### Session II (12:15 to 13:45)

आज दिनांक **11-10-2023** को यू0जी0सी-एच0आर0डी0सी0 पं0 रविशंकर शुक्ल विश्वविद्यालय रायपुर छत्तीसगढ़ के आनलाइन रिफ्रेशर कोर्स (शिक्षा शास्त्र) के सेकंड सेशन के माइक्रो-टीचिंग में आज चेयर-पर्सन डॉ रागिनी गौतम मैडम और रिपोर्टर डॉ संजीत कुमार तिवारी थे । आज डॉ गुंजन शर्मा मैडम के दिशा निर्देशन में माइक्रो-टीचिंग के प्रस्तावना कौशल और व्याख्या कौशल पर सभी प्रतिभागियों ने अपनी-अपनी प्रस्तुति दी । प्रत्येक कौशल के लिए ४ मिनट का समय दिया गया, इस प्रकार सभी प्रतिभागियों को ८ मिनट का समय दिया गया । यह सेशन बहुत ही जीवंत था । सभी ने बहुत ही अच्छे से अपने अपने टॉपिक पर शानदार माइक्रो-टीचिंग किया । माइक्रो टीचिंग सेशन का मूल्यांकन डॉ अरविंद अग्रवाल सर के द्वारा किया गया । अंत में डॉ रागिनी गौतम मैडम ने सभी की प्रशंसा की तथा बचे हुए प्रतिभागियों को कल प्रतिभाग के लिए आश्चस्त किया ।

## DAY 2

आज दिनांक 04.10.2023 को यू0जी0सी–एच0आर0डी0सी0 पं0 रायपुर छत्तीसगढ़ के ऑनलाइन रिफ्रेशर कोर्स (शिक्षा शास्त्र) क झा के द्वारा डॉ. सी. एस. वाजलवार (एसोसिएट प्रो. डिपार्ट युनिवर्सिटी, बिलासपुर) को आमंत्रित किया गया। पहला, रि वाजलवार ने साइकोलॉजी कोर्स के अंतर्गत Topic (St Educational needs) पर लेक्चर प्रस्तुत किया। जिसमे ब Non-verbal Learning and Learning Disable Stud है, उसके लिए Motivational Lecture प्रस्तुत किया ग सिखाने में सहयोग प्रदान होगा एवं शिक्षकों को भी सिखाने

## Day 3

3 rd day (5.10.23) of the online Refresher course was started at 10.30 a.m. Today's Resource person Dr. Suparna Sen Gupta was started the session and shed light on two topics- 1. Knowing, detecting and avoiding Plagiarism, Plagiarism how and why 2. E- Resource uses. Both the session were very informative and interactive. He presented all the aspects of the information regarding plagiarism and also explained how one can take benefits of the e-resources. The chairperson of the program was Mrs. Reena Shukla and Reporter was Dr. Amita Kumari.

## Day 4

Today, 06-10-2023 is the day fourth of Refresher Course, which is organised by the UGC, HRDC, Pt. Ravishankar Shukla University, Raipur. Today's chairperson was Rinkee Devi Singh, Assistant Professor, Vipra Kala Vanijya Avam Sharirik Shiksha Mahavidhyalaya, Raipur (CG) and Reporter Dr. Archana Gomasta Assistant Professor, Education Durga Mahavidhyalaya, Raipur (CG) Chairperson introduce about today's speaker Dr. Anil Karwande sir , NCP Gwalior (MP) presently residing at Puna, Maharashtra. He was the Ex member of Board of Studies, Amravati and Retired from Physical Education Department , Nagpur. Sir, through his lecture thought us about meaning of health, fitness, body composition, concept of fitness, factor affecting fitness, general awareness about more over body function and he also explain about how un healthy mind can affect our whole body parts included mind even daily day to day life. He also thought us about value of exercise. His lecture was fully focused on the topic "Enough carry's you, more than enough you have to carry." Through this he taught us if, will carry overweight and not doing exercise then one day our ill sole will carry us an bourdon. Sir's lecture was different and very informative which left us on thinking for our health. He also said "Stretch every day otherwise stretcher will carry you one day." With this I am going to end session report. Vote of thanks given by Prof. Rinkee Devi Singh.Regards

तृतीय सत्र के वक्ता सुप्रसिद्ध विद्वान लखनऊ विश्वविद्यालय के प्रोफेसर मुनेश कुमार जी थे। उन्होंने **Aims of Higher Education in India** विषय पर अपना व्याख्यान दिया | उनका व्याख्यान अत्यंत ही रोचक रहा | उन्होंने गूढ़ विषय-वस्तु को भी बहुत सुगम व सरल तरीके समझाया | उन्होंने शिक्षा के माध्यम से प्रजातान्त्रिक मूल्यों के संरक्षण पर प्रकाश डाला | प्रोफेसर कुमार ने राधाकृष्णन आयोग, कोठारी आयोग व अब तक आ चुकी तीनों राष्ट्रीय शिक्षा नीति के आधार पर भारत में उच्च शिक्षा के उद्देश्यों पर प्रकाश डाला | उन्होंने युवकों में विस्तृत दृष्टिकोण का विकास, विशेषज्ञों का निर्माण, राष्ट्र का बहुमुखी विकास, उच्च ज्ञान की प्राप्ति, नए ज्ञान की पहचान व सत्य की पहचान, भावी पीढ़ी का सर्वांगीण विकास, रोजगार सृजन तथा कार्य कुशलता व नेतृत्व शक्ति का विकास आदि को उच्च शिक्षा के उद्देश्यों के रूप में जोर दिया | रिफ्रेशर कोर्स के अगले सत्र अर्थात चतुर्थ सत्र में कोर्स कोऑर्डिनेटर प्रोफेसर सीडी अगाशे सर द्वारा **Need of Life Skills in Higher Education** विषय पर **Group Discussion** करवाया गया, जिसमें सभी प्रतिभागियों ने रुचिकर तरीके से हिस्सा लिया | इस **Group Discussion** के माध्यम से भी प्रतिभागियों का खूब ज्ञानवर्धन हुआ | इन दोनों सत्रों का संचालन डॉ. कनक द्विवेदी द्वारा किया गया व धन्यवाद ज्ञापन डॉ. अमित कुमार द्वारा किया गया |

## Day 5

On the 5<sup>th</sup> day of Online Refresher course in Education organized by HRDC - Pt. Ravishankar Shukla University, Raipur, the session was chaired by Ms. Priyanka Tiwari, Assistant Professor, Vipra Kala Vanijya Avam Sharirik Shiksha Mahavidyalaya, Raipur, Chattisgad. In the first session, the participants were asked to give the topic of Action Research which they have to conduct during this course. The resource person for the session was Prof. Nagendra Kumar, Faculty of Education, Banaras Hindu University, Banaras. His topic was- **“Communication for Quality Education”** he explained in detail the definition and process of Communication. Types of communication: Verbal, non- verbal, interpersonal intrapersonal, mass communication, formal, informal, non-formal communication etc was discussed with relevant examples, Different barriers in communication and how to overcome them was told. He also made us know the ways to make the communication effective. After successfully explaining about the communication he then spoke about quality education, meaning and parameters. He threw light on different methods of teaching and how effective communication can improve the quality of education through these teaching methods.

In the second session of the first half, a topic was given to the participants to present their views- **“In my opinion following changes are required in teacher training curriculum”**. Only 11 participants were able to present their views on the said topic due to time constraints. Dr. Pratibha was of the view that the aims of higher education should be to achieve social goals too. She also suggested that the Parents Teachers Association (PTA) should be conducted as it is done in the schools so that the parents are able to monitor the performance of their wards. Dr. Nishtha Shukla emphasized on the selection process of the B.Ed. course and suggested a filter for the selection, academic records, interview, group discussion etc. she also talked about the practical problems associated with practice in teaching internship in B.Ed. Dr. Amita highlighted the problem of distance specially for female students. Many participants also were of the view that the semester system is too hectic and over burdening for the students. Also the late / delayed session makes it impossible to conduct all the activities and complete the syllabus on time. Dr. Sheo Prasad emphasized on the problems associated with the integrated B.Ed. in which selection of pedagogy subjects becomes quite challenging. Also there is a clash between the regulations of NCTE and UGC in the implementation of the said course.

Overall both the sessions were quite informative and interesting.

## Day 6

Session 1: 10:30 am to 12:00 pm

Session 1 Embarked with introduction of Prof. Promila Singh, Department of Psychology, Former Professor in Pt. Ravishankar Shukla University, Raipur by today's chairperson Mrs. Gunjan Sharma, witnessed respected as the resource person who graced the session with his extremely relevant address on Mental Health, Psychological well-being, Mind Body Connection, Adaptability and Resilience, way to handle the situation, Practice mindfulness and Challenge anxious thoughts. Etc.

Respected mam has cleared the doubt related to personal problem of Mental Health. Mam has rightly talked about the problem and solution related to Mental Health and valuable information and also its applicability in present situation and Vote of thanks done by today chairperson Mrs. Gunjan Sharma. After a short break 2<sup>nd</sup> session started.

Session 2: 12:15 pm to 02:00 pm

Session started Prof. Promila Singh, Department of Psychology, Former Professor in Pt. Ravishankar Shukla University, Raipur CG., Our resource person who graced the session with his extremely relevant address on Tools of mental wellbeing, feel good hormones, find a healthy routine and life modification etc. She explained all the things very well after that vote of thanks given by Mrs. Gunjan Sharma and after lunch breaks 3<sup>rd</sup> session started.

All participants are benefited from these sessions feedback link generated after the session

On 10.10.23 in the second session of the online refresher course conducted by Pt. Ravishankar Shukla University, Raipur a seminar was conducted. The topic of the seminar was “Conceptual teaching is essential for educational development”. Dr. Brijendra Pandey, HRDC, Raipur was the resource person of the seminar session. Each participant was asked to express his/her views on the topic within 4-5 minutes. There are 28 participants who are taking part in this refresher course. 23 participants presented their views in seminar. Only following five participants did not participated and presented their views.

Roll no. (06) Ms Suman Pandey

Roll no. (07) Prof. Munendra Kumar

Roll no. (09) Ms Apoorva Sharma

Roll no. (14) Smt Usha Sahu

Roll no. (20) Mr. Ajay Kumar Maurya

All the presenters shared their views very well and had a healthy discussion. Main points of the presentation were—

- Conceptual teaching is a pedagogical approach that focuses on related or interrelated concepts
- Conceptual teaching is very important at all levels of education.
- It leads to permanent learning
- It encourages dynamic learning
- It does not promote rote memorization
- Helpful in social adjustment of the students.
- Pupil teachers should incorporate this conceptual pedagogical approach in their lesson plan
- This approach gives a broader concept to the students.

## Day 7

आज दिनांक **11-10-2023** को यू0जी0सी-एच0आर0डी0सी0 पं0 रविशंकर शुक्ल विश्वविद्यालय रायपुर छत्तीसगढ़ के आनलाइन रिफ्रेशर कोर्स (शिक्षा शास्त्र) के सेकंड सेशन के माइक्रो-टीचिंग में आज चेयर-पर्सन डॉ रागिनी गौतम मैडम और रिपोर्टर डॉ संजीत कुमार तिवारी थे। आज डॉ गुंजन शर्मा मैडम के दिशा निर्देशन में माइक्रो-टीचिंग के प्रस्तावना कौशल और व्याख्या कौशल पर सभी प्रतिभागियों ने अपनी-अपनी प्रस्तुति दी। प्रत्येक कौशल के लिए ४ मिनट का समय दिया गया, इस प्रकार सभी प्रतिभागियों को ८ मिनट का समय दिया गया। यह सेशन बहुत ही जीवंत था। सभी ने बहुत ही अच्छे से अपने अपने टॉपिक पर शानदार माइक्रो-टीचिंग किया। माइक्रो टीचिंग सेशन का मूल्यांकन डॉ अरविंद अग्रवाल सर के द्वारा किया गया। अंत में डॉ रागिनी गौतम मैडम ने सभी की प्रशंसा की तथा बचे हुए प्रतिभागियों को कल प्रतिभाग के लिए आश्वस्त किया।

आज सेकंड सेशन में निम्न लिखित ने माइक्रो-टीचिंग किया :-

- 1) Dr. Sanjeet Kumar Tiwari
- 2) Dr Pragya Jha
- 3) Mrs Reena Shukla
- 4) Rinkee Devi Singh
- 5) Priyanka Tiwari
- 6) Dr.Amit Kumar
- 7) Dr. Pragati Dubey
- 8) Dr. Neeta Sahu
- 9) Ragini Gautam
- 10) Smt usha sahu
- 11) Dr Archana Gomasta
- 12) Dr. Nishtha Shukla
- 13) Mrs. Gunjan Sharma
- 14) Dr. Sheo Prakash Dwivedi-
- 15) Dr. Rashmi Bala
- 16) Prof.(Dr.) Kanak Dwivedi
- 17) Sonia Israni

- 18) Dr. Pushpesh Pandey
- 19) Dr. Pratibha Singh
- 20) Dr. Ashish Kumar Awasthi
- 21) Dr. Vipin Kumar Singh
- 22) Dr. PRIYADARSI NIMEKAP

## Day 8

### Practical Activity

## Day 9

On the ninth day of the refresher course in Education organized by HRDC Pt Ravishankar Shukla University, all scheduled sessions were conducted with great success. The day was marked by insightful presentations and engaging discussions that highlighted the participants' dedication and enthusiasm for learning.

The third and fourth sessions of the day focused on microteaching skills and curriculum structure and development. During these sessions, students delivered presentations showcasing their understanding of microteaching skills, as well as their insights into curriculum structure and its development. The presentations were diverse, covering various aspects of these topics and demonstrating the participants' comprehensive knowledge.

The students' presentations were of high quality, reflecting their thorough preparation and deep understanding of the subjects. Each participant spoke eloquently and confidently, contributing to the enriching atmosphere of the session. The presentations not only displayed their knowledge but also encouraged meaningful discussions among the attendees.

The atmosphere during the sessions was vibrant and intellectually stimulating. Participants actively engaged in discussions, sharing their perspectives and experiences. The exchange of ideas and viewpoints further enhanced the learning experience for everyone involved.

Overall, the ninth day of the refresher course in Education was a resounding success. The participants' active participation, coupled with the quality of presentations and discussions, made the day both enlightening and enriching. The event continues to be a valuable platform for educators to enhance their skills and knowledge, fostering a collaborative environment for learning and growth. The chairperson of the session was Mrs Usha Sahu and reporting was done by Dr. Pragya Jha.

## Day 10

Practical Activity

## Day 11

The Education Human Resource Development Centre, Pt. Ravishankar Shukla University, Raipur has been organised an online Refresher Course in Education on 03-18 October, 2023. Prof. C.D. Agashe is the Course Co-ordinator of this Refresher Course.

On the 11<sup>th</sup> day and the 1<sup>st</sup> half of this Refresher Course in 1<sup>st</sup> session (10:30-12:00) Many Participants of Refresher Course have presented their presentation on Action Research very impressive and interactive manner. Action research is presented in Five points such as Introduction, Review of the, Research Methodology, Result and Conclusion.

The 2<sup>nd</sup> session of 1<sup>st</sup> half (12:15-1:45) the Resource Person, Prof Shailendra Kumar Verma has presented his presentation on “Classroom Management”

In the beginning of his lecture he interacted with the participants for engaging them He talked about the students centered lesson plan. He explained the strategies for the class room. The session was very informative and well explained and also very interactive. In this session 21 participants have attended through the Google meet.

The chairperson Dr Pragati Dubey and The reporter Sonia Israni is the 1<sup>st</sup> half of the 11<sup>th</sup> day (17/10/2023) of this Refresher Course.

## Day 12

On the 12<sup>th</sup> day of Online Refresher course in Education organized by HRDC - Pt. Ravishankar Shukla University, Raipur, the session was chaired by Dr. Neeta Sahu, Assistant Professor, SS Khanna Degree College, A Constituent College of University of Allahabad, Prayagraj, Uttar Pradesh. In the first session, the participants who were left were asked to give their remaining presentations. After the presentation, MCQ was conducted in which all the participants participated. After MCQ was held, resource person for the commencement of lecture was addressed. The resource person for the session was Prof. Parvinder Hanspal, Director at MATS School of Education, MATS University, Raipur. Her topic was- “**Experiential Learning**” she explained in detail the definition and process of Experiential Learning. It is the process of learning by doing. By engaging students in hands on experiences and reflection, they are better able to connect theories and knowledge learned in the classroom to real – world situations. Stages of Experiential Learning. Methods



to teach Experiential Learning. She also made us know the ways to make the Teaching and Learning effective. After successfully explaining about the topic she then spoke about quality education, meaning and parameters. She threw light on different methods of teaching and how effective experiential learning can improve the quality of education through these teaching methods.

In the second session of the programme Valedictory Session was organized. Firstly, there was interaction with all the participants in which they shared their experiences, thoughts, ideas. A welcome was addressed to Director sir and Course Coordinator. Continuing with the report of refresher course presented by course coordinator, feedback was also collected from some participants to know the success of the refresher course. And address was given by Director, HRDC to all the participants on the relevancy of the programme and its importance in coming future. At last vote of thanks was given by the course coordinator (HRDC)

Overall both the sessions were quite informative and interesting and it has made a significant change in the behaviour of the participants and provided a platform to share our views and thoughts.

## Organizing Team



**Prof. Sachchidanand Shukla**  
Vice Chancellor  
Pt. RSU, Raipur (C.G.)



**Prof. Preeti K Suhresh**  
Director  
MMTTC, Pt. RSU, Raipur (C.G.)



**Prof. C.D. Agashe**  
S.o.S. in Physical Education,  
Pt. Ravishankar Shukla University, Raipur (C.G.)



**Dr. Arvind Agrawal**, Assistant Professor  
MMTTC, Pt. Ravishankar Shukla University,  
Raipur (C.G.)

**UGC -MMTTC, PRSU, Raipur**  
**Time Table: Refresher Course on Education**  
(03/10/2023 to 18/10/2023)

<b>Refresher Course on Physical Education</b> <b>UGC-Human Resource Development Centre</b> <b>Pt. Ravishankar Shukla University, Raipur 492 010, Chhattisgarh</b>				
Day/ Date	Session -I (10:30 to 12:00)	Session -II (12:15 to 13:45)	Session -III (14:15 to 15:45)	Session -IV (16:00 to 17:30)
Day 01 (03.10.2023)	<b>Registration; Inauguration; Induction</b>	<b>Lecture-1</b> Prof. Raviskant, Gaya	<b>Lecture-2</b> Prof. CD Agashe	<b>Lecture-3</b> Prof. C.D. Agashe
Day 02 (04.10.2023)	<b>Lecture-4</b> <b>Dr. CS Vazalwar</b> Associate Professor Department of Education, GGU Central University, Bilaspur <a href="mailto:chandrashekharvazalwar@yahoo.com">chandrashekharvazalwar@yahoo.com</a> 9425223875	<b>Lecture-5</b> <b>Dr. CS Vazalwar</b> Associate Professor Department of Education, GGU Central University, Bilaspur <a href="mailto:chandrashekharvazalwar@yahoo.com">chandrashekharvazalwar@yahoo.com</a> 9425223875	<b>Lecture-6</b> Prof. Kaushal Kishore Choudhary JMI University, New Delhi Klkr78@gmail.com	<b>Lecture-7</b> Prof. Kaushal Kishore Choudhary JMI University, New Delhi Klkr78@gmail.com
Day 03 (05.10.2023)	<b>Lecture-8</b> Dr. Suparn Sen Gupta Librarian Pt. RSU Raipur	<b>Lecture-9</b> Dr. Suparn Sen Gupta Librarian Pt. RSU Raipur	<b>Lecture-10</b> Activity	<b>Lecture-11</b> Activity
Day 04 (06.10.2023)	<b>Lecture-12</b> Prof. Anil Karwade <a href="mailto:anilkarwande15@gmail.com">anilkarwande15@gmail.com</a>	<b>Lecture-13</b> Prof. Anil Karwade <a href="mailto:anilkarwande15@gmail.com">anilkarwande15@gmail.com</a>	<b>Lecture-14</b> Munesh Kumar	<b>Lecture-15</b> Activity
Day 05 (09.10.2023)	<b>Lecture-16</b> Prof Nagendra Kumar <a href="mailto:nagendra2@gmail.com">nagendra2@gmail.com</a> <a href="mailto:gagshyam@gmail.com">gagshyam@gmail.com</a> 9425536525	<b>Lecture-17</b> <b>Group Discussion</b>	<b>Lecture-18</b> Prof. Alpana Rai <a href="mailto:tprabhatrai@gmail.com">tprabhatrai@gmail.com</a>	<b>Lecture-19</b> Prof. Pradnya Wakpainjan Department of Education S.N.D.T.Women's University 1,N.T.Road, New Marine lines Mumbai 400020 9892456599 <a href="mailto:p.wakpainjan@educationmumbai.sndt.ac.in">p.wakpainjan@educationmumbai.sndt.ac.in</a> <a href="mailto:pradnyawakpainjan11@gmail.com">pradnyawakpainjan11@gmail.com</a>

Day 06 (10.10.2023)	<b>Lecture-20</b> Prof. Promila Singh SoS in Psychology Pt. RSU, Raipur	<b>Lecture-21</b> Prof. Promila Singh SoS in Psychology Pt. RSU, Raipur	<b>Lecture-22</b> Dr. Brijendra Pandey HRDC(MMTTC) Pt. RSU, Raipur	<b>Lecture-23</b> Dr. Brijendra Pandey HRDC(MMTTC) Pt. RSU, Raipur
Day 07 (11.10.2023)	<b>Lecture-24</b> Prof Nagendra Kumar <a href="mailto:nagendra2@gmail.com">nagendra2@gmail.com</a>	<b>Lecture-25</b> <b>Seminar</b>	<b>Lecture-26</b> Microteaching Evaluation Dr. Arvind Agrawal HRDC, Pt. RSU, Raipur	<b>Lecture-27</b> Microteaching Evaluation Dr. Arvind Agrawal HRDC, Pt. RSU, Raipur
Day 08 (12.10.2023)	<b>Lecture-28</b> <b>Prof Prashant Kumar</b> email <a href="mailto:astalin.p@gmail.com">astalin.p@gmail.com</a> 7275054261 prayagraj 8336861643	<b>Lecture-29</b> <b>Prof Prashant Kumar</b> email <a href="mailto:astalin.p@gmail.com">astalin.p@gmail.com</a> 7275054261 prayagraj 8336861643	<b>Lecture-30</b> Microteaching Evaluation Dr. Arvind Agrawal HRDC, Pt. RSU, Raipur	<b>Lecture-31</b> Microteaching Evaluation Dr. Arvind Agrawal HRDC, Pt. RSU, Raipur
Day 09 (13.10.2023)	<b>Lecture-32</b> swati khare, principal email <a href="mailto:swatikhare2002@gmail.com">swatikhare2002@gmail.com</a>	<b>Lecture-33</b> Group discussion	<b>Lecture-34</b> Prof Gourav Rao <a href="mailto:gauravraolko@gmail.com">gauravraolko@gmail.com</a>	<b>Lecture-35</b> Prof Gourav Rao 9794223431, <a href="mailto:gauravraolko@gmail.com">gauravraolko@gmail.com</a>
Day 10 (16.10.2023)	<b>Lecture-36</b> Project presentation	<b>Lecture-37</b> Dr UJJWALA	<b>Lecture-38</b> prof Vandana Singh	<b>Lecture-39</b> prof Vandana Singh
Day 11 (17.10.2023)	<b>Lecture-39</b> Project presentation	<b>Lecture-40</b> Prof shailendra verma	<b>Lecture-41</b> <b>Dr.Amit Malik</b> Country lead-International PhysicalLiteracy association <a href="mailto:amitmalik@physicalliteracy.org.uk">amitmalik@physicalliteracy.org.uk</a> 9873183581	<b>Lecture-42</b> Dr. Padma Gouri
Day 12 (18.10.2023)	MCQ Ending Test	<b>Lecture-43</b> prof. Hanspal mats university	<b>Valedictory &amp; Concluding Session</b>	

**Refresher Course –Education**  
**(03.10.2023 to 18.10.2023)**  
**Course Coordinator - Prof. C.D. Agashe**  
**Participants List**

Roll No.	Name of Participants	Email	Mobile No.	Designation	Subject	College	University	Photo
01.	Dr. Sanjeet Kumar Tiwari	sanjeetstiware@gmail.com	7000569209	Professor	Education	School of Education, MATS University, Raipur, CG		
02.	Dr Pragya Jha	drpragyajha@matsuniversity.ac.in	9229132040	Associate Professor	Education	School of Education, MATS University, Raipur, CG		
03.	Mrs Reena Shukla	reenashukla890@gmail.com	9977298889	Assistant Professor	Education	Vipra Art's Commerce and Physical Education College, Raipur, CG	Pt. Ravishankar Shukla University, Raipur, CG	
04.	Rinkee Devi Singh	rinkeesingh565@gmail.com	9340701108	Assistant Professor	Education	Vipra Kala Vanijya Avam Sharirik Shiksha Mahavidyalaya, Raipur, CG	Pt. Ravishankar Shukla University, Raipur, CG	
05.	Priyanka Tiwari	mishra.priyanka108@gmail.com	9977851082	Assistant Professor	Education	Vipra Kala Vanijya Avam Sharirik Shiksha Mahavidyalaya, Raipur, CG	Pt. Ravishankar Shukla University, Raipur, CG	
06.	Prof. ( Dr. ) Munendra Kumar	drmunendra2013@gmail.com	9897026152	Principal	Education	H.L.M Girls College, Hapur, Uttar Pradesh	Chaudhary Charan Singh University, Meerut, Uttar Pradesh	
07.	Dr Pratibha Tyagi	pratibhatyagi078@gmail.com	9711503310	Assistant Professor	Education	Sankalp Institute of Education, Duhai, Ghaziabad, Uttar Pradesh	Chaudhary Charan Singh University, Meerut, Uttar Pradesh	
08.	Apoorva Sharma	apoorvasharma0404@gmail.com	9669393364	Assistant Professor	Education	Vipra Kala Vanijya Avam Sharirik Shiksha Mahavidyalaya, Raipur, CG	Pt. Ravishankar Shukla University, Raipur, CG	

09.	Dr. Amit Kumar	dramitau@gmail.com	9451053821	Assistant Professor	Education	Arya Kanya Degree College (A Constituent College of University of Allahabad) Prayagraj, UP	University of Allahabad, Prayagraj, Uttar Pradesh	
10.	Dr. Pragati Dubey	dr.pragatidubey@gmail.com	9098168090	Assistant Professor	Education	Durga Mahavidhyalaya Raipur, CG	Pt. Ravishankar Shukla University, Raipur, CG	
11.	Dr. Neeta Sahu	sahuneeta_80@rediffmail.com	9565876486	Assistant Professor	Education	S. S. Khanna Girls' Degree College, A Constituent College of University Of Allahabad, Prayagraj, Uttar Pradesh	The Central University of Allahabad, Prayagraj, Uttar Pradesh	
12.	Ragini Gautam	ragnigautam1234@gmail.com	9129077122	Assistant Professor	Teacher Education	Shri Agrasen Mahila Mahavidyalaya, Azamgarh, Uttar Pradesh	Maharaja Suheldev Rajya Vishwavidyalaya, Azamgarh, Uttar Pradesh	
13.	Smt usha sahu	purabsahu@gmail.com	9827159175	Assistant Professor	Education	Hemchand Yadav University, Durg, CG		
14.	Dr. Amita Kumari	amitakumari216@gmail.com	9470159260	Assistant Professor	Education	Department of Education, Vinoba Bhave University, Hazaribagh, Jharkhand		
15.	Dr Archana Gomasta	archrpr@gmail.com	9669092777	Assistant Professor	Education	Durga Mahavidhyalaya Raipur, CG	Pt. Ravishankar Shukla University, Raipur, CG	
16.	Dr. Nishtha Shukla	nishthashukla1@gmail.com	7668482323	Principal	Education	RKG Educational College, Lucknow, Uttar Pradesh	University of Lucknow, Lucknow, Uttar Pradesh	
17.	Mrs. Gunjan Sharma	gunjansharma0712@gmail.com	9907718875	Assistant Professor	Education	Pragati College, Raipur, CG	Pt. Ravishankar Shukla University, Raipur, CG	

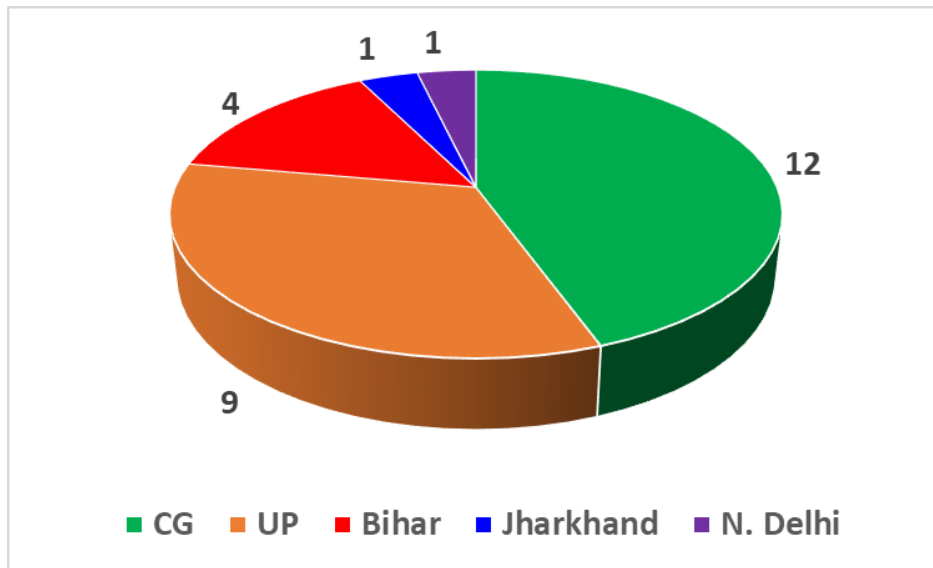
18.	Dr. Sheo Prakash Dwivedi -	dwivediprincipal@gmail.com	9450211909	Principal	Education	Basundhara Teachers Training College, Muzaffarpur, Bihar	Baba Sahab Bhimroai Ambidkar University, Muzaffarpur, Bihar	
19.	Mr. Ajay Kumar Maurya	dwivediprincipal@gmail.com	7977598629	Assistant Professor	Education	Basundhara Teachers Training College, Muzaffarpur, Bihar	Baba Sahab Bhimroai Ambidkar University, Muzaffarpur, Bihar	
20.	Dr. Rashmi Bala	dwivediprincipal@gmail.com	6200262516	Assistant Professor	Education	Chandra Sheel College of Education, Kanti, Muzaffarpur, Bihar	Baba Sahab Bhimroai Ambidkar University, Muzaffarpur, Bihar	
21.	Prof.(Dr.) Kanak Dwivedi	kanak.c.dwivedi@gmail.com	8004381828	Head of the Department	Education	School of Education, Babu Banarasi Das University, Lucknow, Uttar Pradesh		
22.	Sonia Israni	sonia120986@gmail.com	8305142555	Assistant Professor	Pedagogy of English	Vipra Kala Vanijya Avam Sharirik Shiksha Mahavidyalaya, Raipur, CG	Pt. Ravishankar Shukla University, Raipur, CG	
23.	Dr. Pushpesh Pandey	Pushpeshpandey72	9479017061	Assistant Professor	Education	Pt. Harishankar Shukla Smriti College, Raipur	Pt. Ravishankar Shukla University, Raipur, CG	
24.	Dr. Pratibha Singh	Pratibhasingh27188@gmail.com	9467733895	Assistant Professor	Education	D.M.S. Shikshan Prashikshan Sansthan Sansarpur Basti	Siddharth University kapilvastu Siddharth Nagar	
25.	Dr. Ashish Kumar Awasthi	ashishkr.ier@srmu.ac.in	8574393914	Assistant Professor	Education	Shri Ram Swaroop Memorial University Lucknow-Deva Road, Barabanki	Shri Ram Swaroop Memorial University Lucknow-Deva Road, Barabanki	
26.	Dr. Vipin Kumar Singh	dr.vipinsingh84@gmail.com	9468390122	HOD cum Associate Professor	Education	Forbisganj college forbisganj, Araria, Bihar	Purnea University Purnia, Bihar	
27.	Dr. Priyadarsini Mekap	priyanshiagt@gmail.com	7085160438	Assistant Professor	Education	CSU, NEW DELHI		

**Refresher Course –Education**  
**(03.10.2023 to 18.10.2023)**  
**Course Coordinator - Prof. C.D. Agashe**

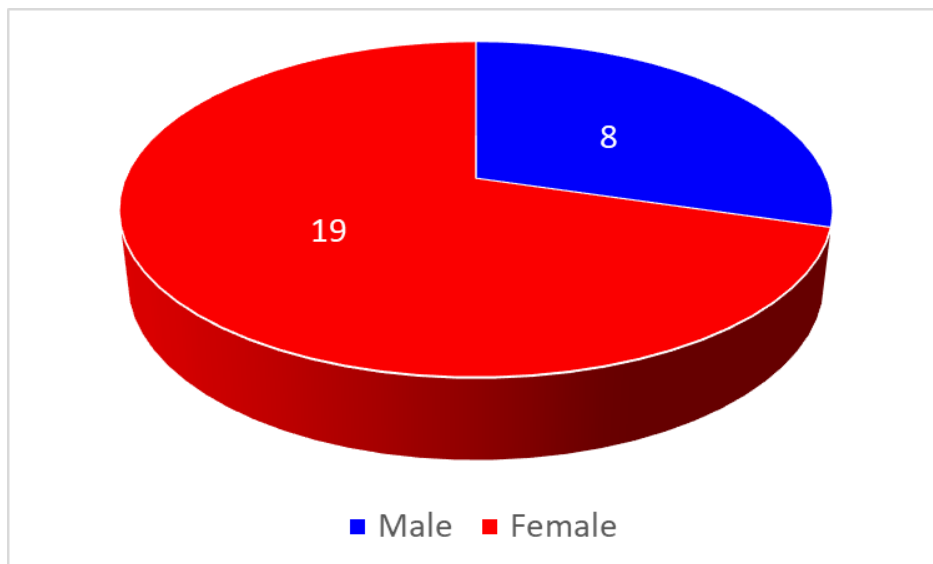
Date	Chairperson	Reporter	Chairperson	Reporter
	<b>1<sup>st</sup> Half</b>		<b>2<sup>nd</sup> Half</b>	
<b>03.10.2023</b>	Dr. Sanjeet Kumar Tiwari	Ragini Gautam	Dr. Sheo Prakash Dwivedi -	Prof. ( Dr. ) Munendra Kumar
<b>04.10.2023</b>	Dr Pragya Jha	Smt Usha Sahu	Mr. Ajay Kumar Maurya	Dr Pratibha Tyagi
<b>05.10.2023</b>	Mrs Reena Shukla	Dr. Amita Kumari	Dr. Rashmi Bala	Apoorva Sharma
<b>06.10.2023</b>	Rinkee Devi Singh	Dr Archana Gomasta	Prof. (Dr.) Kanak Dwivedi	Dr. Amit Kumar
<b>09.10.2023</b>	Priyanka Tiwari	Dr. Nishtha Shukla	Sonia Israni	Dr.Pragati Dubey
<b>10.10.2023</b>	Suman Pandey	Mrs. Gunjan Sharma	Mrs Reena Shukla	Dr. Neeta Sahu
<b>11.10.2023</b>	Prof. ( Dr. ) Munendra Kumar	Dr. Sheo Prakash Dwivedi -	Ragini Gautam	Dr. Sanjeet Kumar Tiwari
<b>12.10.2023</b>	Dr Pratibha Tyagi	Mr. Ajay Kumar Maurya	Smt Usha Sahu	Dr Pragya Jha
<b>13.10.2023</b>	Apoorva Sharma	Dr. Rashmi Bala	Dr. Amita Kumari	Mrs Reena Shukla
<b>16.10.2023</b>	Dr. Amit Kumar	Prof. (Dr.) Kanak Dwivedi	Dr Archana Gomasta	Rinkee Devi Singh
<b>17.10.2023</b>	Dr.Pragati Dubey	Sonia Israni	Dr. Nishtha Shukla	Priyanka Tiwari
<b>18.10.2023</b>	Dr. Neeta Sahu	Dr. Rashmi Bala	Mrs. Gunjan Sharma	Suman Pandey



State Wise Participants



Gender Wise Participants





**ONLINE  
REFRESHER COURSE  
in  
Education**

Organized by

Human Resource  
Development Centre  
Pt. Ravishankar Shukla  
University Raipur  
492010 Chhattisgarh

03-18 October, 2023

**Theme: Shaping the Future of Higher Education in India**

In this rapidly changing world, the aim of higher education must include aspects of life skills, life and health behaviour so that they can take up challenges in life and become responsible citizens. Apart from academic knowledge, it is essential to have skills to cope with challenges in life. Hence by integrating life skills, experiential learning, health behaviour and allied subjects, students can prepare to become responsible citizen and contribute significantly towards the betterment of society and personal needs.

**Aims and Objectives:**

- To understand the significance of experiential learning for higher education students
- To understand the significance of physical and mental well-being for higher education students
- To understand the significance of soft skills namely communication skills, critical thinking for higher education students
- To understand the significance of resilience, stress management and coping strategies for higher education students
- To understand the significance of emotional and social intelligence for higher education students
- To understand the significance of relationship building for higher education students
- To understand the significance of self-care for higher education students
- To understand the significance of physical activity for higher education students
- To understand the significance of psychomotor activities for higher education students
- To understand the significance of digital literacy for higher education students

**Target Group:** All regular / part time / ad hoc / contract teachers of Educational Institutions included under section 2 (f) of the UGC act. The teachers of the colleges affiliated to the University can also participate.

**Mode of Delivery:** Online Sessions on Google Meet. Sessions will be held from 03-18 October, 2023.  
**Requirement for the Course:** Desktop/ Laptop/ Smart phone with good Internet connection (Microphone, headphones and Multimedia enabled).

## Marks and Grading pattern

### Assessment Criterion and Marking:

Multiple-choice objective tests:	30
Seminars / participant presentation:	15
Project / survey / others:	20
Micro-teaching / participation:	10
Holistic response:	25
Total:	100

### Grading pattern (based on Marks)

A+ :	85 percent and above
A :	70 percent to less than or equal to 84 percent
B :	60 percent to less than or equal to 69 percent
C :	50 percent to less than or equal to 59 percent
F :	Below 49 percent

Those teacher participants who score F grade are required to repeat the program after a gap of one year without financial commitment to UGC-HRDC.

Online Delivery Platform: **GOOGLE MEET**