



Organized by

HRDC

PRSU
Raipur 492010

Chhattisgarh

ONLINE
REFRESHER COURSE
in

Physical Education

11-29 September 2023



Course Coordinator

Prof. Reeta
Venugopal
Pt. Ravishankar
Shukla University

Raipur

Restructuring the Teaching & Research process 11-29 September 2023

The refresher course in Physical Education for higher education teachers will help them to update themselves on the latest trends and techniques in the field of physical education, fitness and wellness.

This course will provide a platform to discuss and to get acquainted with recent developments in the field of Physical Education while emphasizing on fundamentals of the subject. It is also designed to capacity building in information and communication technology in sports, sports training, fitness assessment and various schemes of the government for sports. Along with other areas the course includes topics in innovative practices and approaches which can be adopted by physical education teachers. It will also encourage physical education teachers to share their own experiences and ideas for improving their teaching, coaching and training practices.

Objective:

The main objectives of this refresher course are:

- To enhance the knowledge and skills of physical education teachers in various aspects of physical education, fitness and wellness.
- To expose physical education teachers to the latest trends and techniques in physical education, fitness and wellness.
- To provide physical education teachers with opportunities to exchange experiences and learn from their peers and experts.
- To know the schemes of government for sports.
- To enable physical education teachers to apply the learned concepts and skills in their own teaching practice.

Target Group: Interested College / University teachers in Chemistry subjects with at least three years experiences can apply through email to any of the above IDs mentioning their name, designation, subject, and institution. However, they are required to fill up the application form of HRDC (www.prsu.ac.in) and produce reliving certificate from their Institution when they come for participation working in those universities and colleges that are included under Section 2(f) of the UGC Act, even though they may not yet be fit to be included under Section 12(B), may participate in the Refresher Course. The teachers of college that do not yet come within the purview of Section 12(B), but have been affiliated to a university for at least two years, will be permitted to participate in the Programme.

Mode of Delivery: Online Sessions on Google Meet. Sessions will be held from 10:30 to 17:30 daily.

Requirement for the Course: Desktop/ Laptop/ Smart phone with good Internet Connectivity (Webcam, Microphone, headphones and Multimedia enabled).

Contact Email: rc@hrdcprsu@gmail.com, reetavenugopal@yahoo.com

Call: 0771-2263828(HRDC Office); 9425515951 (Prof. Reeta Venugopal, Course Coordinator); 9827938427 (Prof. Preeti K. Suresh, Director, HRDC); 9754233057 (Dr. Arvind Agrawal, Course Coordinator from HRDC)

Registration/ Application Link: <https://forms.gle/zSuCNpFJ1mAZjH6h7>

Registration fee: Rs. 1000.00 (non-refundable), to be paid online in Director, ASC bank account number - 30644576182; IFSC code: SBIN0003739, State Bank of India, PRSU, Raipur.

Number of Participants: Minimum 20 and Maximum 40 on first come first serve basis.