Workshop on "Breast and Cervical Health Awareness Programme Girls" collaboration with AIIMS Raipur was organized on 29th June 2016

National Service Scheme Unit of the University organized a state level camp on "Women Skill Development and Child Rights Champion Program" from June 25-30, 2016. The camp was attended by 500 girls from 27 districts of Chhattisgarh. The Centre for Women's Studies in collaboration with All India Institute of Medical Sciences, Raipur organized a workshop on "Breast and cervical health awareness " for the participants on June 29th , 2016.

The resource persons for the day were Dr. Anjali Pal (Department of Community & Family Medicine, AIIMS), Dr. Sunita Singh (Dept. of General Surgery, AIIMS) and Dr. Pushpawati (Department of Obstetrics & Gynecology, AIIMS). They suggested measures that can be taken to prevent and detect breast and uterine cancer.

It was highlighted that in the majority of the patients , cancer is detected in the last stages which makes the treatment rather difficult. According to National Cancer Registry Data only 12.5% patients are able to detect cancer in the early stages and seek medical intervention.

The notion that cancer is non-treatable is misplaced and many people are able to win the battle against cancer. It is a matter of grave concern that cervical and uterine cancer are the major cause of death of women due to cancer and 26% of these cases are reported from India. Among the breast cancer patients also 17% are from India. Dr. Sunita Singh observed that if breast cancer is detected in time, it can be treated. She suggested that the best way to detect is through self-examination every month. It is pertinent that women in the age group of 20-40 years should also visit doctor for the examination once every three years. If there is family history of cancer, women need to be very vigilant as genetic incidences increases the risk by 20.25%. Some videos were also shown and physical exercises were also suggested to prevent the occurrence of the disease.