

**Health Awareness Programme on "Poly Cystic Ovarian Syndrome" in collaboration with AMIIS on  
13<sup>th</sup> February 2020**

A one day Health Awareness Programme on " Poly Cystic Ovarian Syndrome" was organized by Center for Woman Studies, Pt. Ravishankar Shukla University, Raipur, on 13<sup>th</sup> February, 2020 for creating awareness for PCOS which is a burning issue among the young girls. Dr. Gaivee Vinam Meshram, Junior Medical Officer (Department of Obstetrics & Gynaecology), AIIMS, Raipur was the invited speaker of the awareness programme. Prof. Priyamvada Srivastava, Associate Director, CWS, Pt. RSU introduced the speaker. Dr. Gaivee explained in details about the symptoms and treatment of PCOS. This condition is seen in females of age group 18-40 years. Early detection of the condition is advisable for the treatment to reduce the further complications. Generally symptoms like having a disturbed menstruation cycle, excessive hair growth in facial area, chest, back and buttocks is seen, difficulty in getting pregnancy due to poor ovulation, thinning of hair of head, excessive weight gain and excessive acne etc. are observed in this condition. She further explained the modes of treatment of PCOS and encouraged for counseling and treatment for the same.

